

Purely Pilates Studio BBU Training Schedule 2010/2011

MAT TRAININGS:

January 2010 – MAT 1

Cost: \$395
8th Fri. 12-4pm
9th Sat. 8-3pm
10th Sun. 8-3pm

February 2010 – MAT 2

Cost: \$395
26th Fri. 12-4pm
27th Sat. 8-3pm
28th Sun. 8-3pm

August 2010 – Mat 1

Cost: \$395
6th Fri. 12-4pm
7th Sat. 8-3pm
8th Sun. 8-3pm

September 2010– Mat 2

Cost: \$395
17th Fri. 12-4pm
18th Sat. 8-3pm
19th Sun. 8-3pm

EXO CHAIR TRAINING:

May 2010 – Exo Chair

Cost: \$350
28th Sat. 8-3pm
29th Sun. 8-3pm

REFORMER TRAININGS:

March 2010 – REFORMER 1

Cost: \$525
19th Fri. 12-4pm
20th Sat. 8-3pm
21st Sun. 8-3pm

April 2010 – Reformer 2

Cost: \$425
16th Fri. 12-4pm
17th Sat. 8-3pm
18th Sun. 8-3pm

May 2010 – Reformer 3

Cost \$425
14th Fri. 12-4pm
15th Sat. 8-3pm
16th Sun. 8-3pm

October 2010 – Reformer 1

Cost: \$525
8th Fri. 12-4pm
9th Sat. 8-3pm
10th Sun. 8-3pm

November 2010 – Reformer 2

Cost: \$425
5th Fri. 12-4pm
6th Sat. 8-3pm
7th Sun. 8-3pm

December 2010 – Reformer 3

Cost: \$425
10th Fri. 12-4pm
11th Sat. 8-3pm
12th Sun. 8-3pm

Trapeze Table, Chairs, & Barrels (Apparatus Trainings):

June 2010 – APPARATUS 1

Cost: \$425

12th Sat. 8-4pm

13th Sun. 8-4pm

July 2010 – APPARATUS 2

Cost: \$425

24th Sat. 8-3pm

25th Sun. 8-3pm

August 2010 – APPARATUS 3

Cost: \$425

21st Sat. 8-3pm

22nd Sun. 8-3pm

January 2011 – Apparatus 1

Cost: \$425

21st Fr. 12-4pm

22nd Sat. 8-3pm

23rd Sun. 8-12pm

February 2011 – Apparatus 2

Cost: \$425

26th Sat. 8-3pm

27th Sun. 8-3pm

March 2011 – Apparatus 3

Cost: \$425

26th Sat. 8-3pm

27th Sun. 8-3pm

*All trainings require the purchase of a manual which is an additional cost of \$50.

* There is limited space in each training so sign up now to reserve your spot.

*Save \$200 when signing up for the full certification program (mat 1-apparatus 3).

* Please visit www.bbupilates.com or contact Natalie Garcia directly at (775) 826-8278 for more information.

Thank you, I look forward to working with you!

Natalie ☺

